



Demand Innovation

Alexandria
INDUSTRIES

FAMILY HEALTH & WELLNESS CLINIC



Frequently Asked Questions

Q: Who can use the Alexandria Industries Family Health & Wellness Clinic?

A: The clinic is available to:

- ✓ All Alexandria Industries employees
- ✓ All family members on the company health plan

Q: Where is the clinic located?

A: The clinic is located at 690 Voyager Drive, Alexandria, MN in the Park Plaza complex near the Casey's Gas Station.

Q: When is the clinic open?

A: Monday 7:00am - 1:00pm and 3:00pm - 7:00pm

Tuesday 8:00am - 2:00pm

Wednesday 8:00am – 4:30pm

Thursday 8:00am - 2:00pm

(Note: clinic days & hours may change, periodically or seasonally, to best meet employee needs.)

Q: How do I schedule my appointment?

A: Appointments need to be made by phone. Call the clinic at 320-335-2833.

The clinic does not provide emergency medical services. If you have a medical emergency, please dial 911.

Q: How much will it cost me to use the clinic?

A: Currently there is no cost to employees or health plan members for any services performed by the clinic.

Q: What services are offered at the Alexandria Industries Family Health & Wellness Clinic?

A: The clinic offers primary care services which includes: routine care, treatment of minor injuries and illness, bloodwork, lab testing and vaccinations.

Routine Care • Male/female physicals • Screenings • Blood pressure checks • Preventative checkups • Health management	Treatment of Minor Injuries and Illness • Flu symptoms • Infections (respiratory, sinus, ear, urinary, etc.) • Strains/sprains • Pain • Minor lacerations/burns
Lab Testing • Instant Tests ◦ Influenza A+B, pregnancy, mono, strep A, urinalysis • Bloodwork ◦ Metabolic Panel, CBC, Glucose, A1C, PSA, TSH, T-4, Vitamin D and many more	Vaccinations • Hep B / Hep A • Tdap / Tetanus • Typhoid • Pneumonia • Shingles • Chicken Pox • Influenza (annual)

Operated by Achieve Wellness

690 Voyager Drive Alexandria, MN 56308 | PH: 320-335-2833 | F: 320-335-2469 | www.achievethehealthnow.com



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Q: How long is the average visit?

A: The length of the visit will depend on the service needed.

Q: Can I get my prescriptions filled at the clinic?

A: Several commonly prescribed generic medications are available at the clinic. The clinic provider can write prescriptions to be filled either at the clinic or at the pharmacy of your choice. No narcotics are stocked at the clinic.

Q: How do I get my medical information from the Alexandria Industries Family Health & Wellness Clinic to my regular medical provider?

A: With a signed consent, we are able to send medical records to outside providers.

Q: What if I have a condition that is not treated in the clinic?

A: You would then use your medical plan and seek care within network. The staff can help direct you to the right resources for your specific need.

Q: Does Alexandria Industries have access to my health information?

A: Individual personal health and medical information is strictly confidential and it will be kept in confidence in accordance with HIPAA Guidelines. Personal health information obtained by Achieve Wellness **will not** be shared with Alexandria Industries.

Q: Who employs the clinic's staff?

A: The services are delivered by Achieve Wellness' trained, certified professionals.

Q: What can I expect from a Physician Assistant?

A: Physician assistants provide primary and specialty healthcare to patients of all ages. Similar to physicians, they conduct exams, diagnose and treat illnesses, order tests, and prescribe medications while working closely with the healthcare team.

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